

# -2023-2024 HS Black Liberation Psychology

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[ayaed.neolms.com/teacher\\_freeform\\_assignment/show/42344184](https://ayaed.neolms.com/teacher_freeform_assignment/show/42344184)

## Instructions

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Students,

Given the wonderful and powerful discussion last Friday, starting with countering **Social Oxycontin** and ending with **Hypocrisy as a Way of Life**, we'll continue exploring key ideas of Mama Marimba Ani. Last week, we talked about the following:

- [Marimba Ani Hypocrisy as a Way of Life](#) (The Rhetorical Ethic)
- The Asili (or cultural seed) Remember, Nomvula asked about this.

Now, we'll explore a more detailed description of the contents of the European Asili as described by Mama Marimba.

### Part 1:

Please watch this 20-minute portion of a video interview of Mama Marimba Ani (aka Donna Richards) by Bro. Listervelt Middleton: <https://youtu.be/FkkNa7eMyF0?si=koqMIIUVgJ7aUGPv&t=1160>

The video should start at the 19:20 mark, and you can stop at 39:39

1. Take notes of salient or new ideas, theories, and claims expressed. Include vocabulary and definitions for discussion. Submit them here.
2. Note your emotions, thoughts, and questions that come up for you as you listen.

### 3. So what?

1. Explain in your own words (written) how the ideas expressed in the video segment by Mama Marimba can counter or help to heal injected oppression/menticide/brainwashing.

## 2. Part 2: Extensions:

1. Who is this Plato dude she talks about?
  
2. What does she mean by **"the object"** in Greek/European thinking? How is it related to European objectification, connection, emotion, and behavior? Given Nana Amos N. Wilson's definition of psychology, does this represent a type of psychology?
  
3. I thought **"being objective"** was the best way to learn or discover the truth or the best answer. Isn't Mama Marimba arguing against truth? If she's arguing against objectivity and for emotion, connection, and spirit-filled research and thinking, how does that stop a person's bias from influencing the research, theory, and/or conclusions?
  
4. What is a **theory**? What's the difference between a theory and a **point of view**? What's the value of a **theory** generally, and **Mama Marimba's theory** specifically?
5. What is a **claim**? **Give examples that you create.**
6. What kind of evidence does she offer to support her claim, or what type do you conjure to **confirm, question, or dispute** her theories? See: (1. [/files/3773086/types\\_of\\_evidence.jpg](/files/3773086/types_of_evidence.jpg) or 2. [/files/3773086/wheaton.edu-The\\_Argument\\_Types\\_of\\_Evidence.pdf](/files/3773086/wheaton.edu-The_Argument_Types_of_Evidence.pdf) or 3. [/files/3773086/Logica\\_Fallacies\\_False\\_Evidence.pdf](/files/3773086/Logica_Fallacies_False_Evidence.pdf))
  1. If her theories, claims, or evidence appeal to you, what do you like and why? If they don't appeal to you, explain.
  2. What do her ideas and theories explain or support?
  3. How would you or could you (or our people) use the theories and ideas to do something think, feel, and do differently than what we are doing today?
  4. Explain why that would constitute a different psychology.
  5. Assume that someone wanted to stop or slow your (or our) use of these theories or ideas; what strategies or tactics might they use to slow or reverse your course of action?
  6. Application: Assuming that Mama Marimba Ani's theories are true and that we have been socialized and indoctrinated into this European system of thinking, feeling, and behavior for centuries, **how do we go from her theory to new action that serves us?**

### Part 3 - Application

We'll compare her discoveries with the S/I line (oppression) and the FAM (emotion) chart from AYA's WHB tool set.

See below images from the S/I Line (superior/inferior) tool and the Feelings as Messengers (FAM) tool.



 S/I Line #2

 S/I Line #3

**Emotions**

 FAM #1

 FAM #2



 FAM #3

## Assignment

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- Type: Essay
- Max score: 100
- Weight: None
- Grading: Normal
- Category: Homework