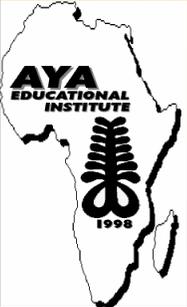


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Wekesa Madzimoyo Presents:

# Warriors – Healers – Builders:

From Manipulation to  
Manhood,  
Woman-hood, and  
People-hood

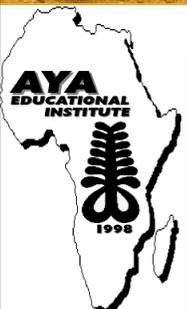


Excerpt from  
Healing  
Oppression's  
Wounds

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We'll cover:

- How we became manipulated?
- Tools to help us become our own people again:
  - S/I Line
  - Topology of Power
  - The Flow of Recognition
  - Feelings as Messengers

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*Door-Way To:*

- ◆ *Authenticity / Trust*
- ◆ *Conflict Resolution*
- ◆ *Communication*
- ◆ *Higher Spirituality*

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## MWP- Prayer

Dear God, help us now.

Looking at us, you know - more than we-  
that now, more than ever, we need our  
males to be men, our females to be  
women.

Now, more than ever, we have lost our way,  
and our community is beset with problems  
from the outside and inside.



## MWP Prayer

From the outside we face – mis-education, joblessness, foreclosures, homelessness, stolen wealth, stolen old-age pensions, police harassment, police brutality, jail time judgments for Just-us, death-care instead of health care from the womb to the tomb...

Hear me, God. Help us God. To bear this burden, we need our males to be men, our females to be women, and us to become a whole people again.

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## MWP Prayer

- ◆ God, you have made us a strong people, and we have labored under many burdens before. But, we had not surrender as much then and our relationships, our culture, our spirit was more intact, now we also have enemies within:
- ◆ **No or low initiative | Distrust of each other | Finger Pointing at each other | Self Blame**

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# MWP Prayer

Yes, these enemies, especially self-blame, are alien implants, God, they are not of your making or intention.

We have forgotten the way of our ancestors and the promise. Made in your spiritual image of goodness and power, these imposters couldn't reside.

Help us find our way home.

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# What's The Difference Between Males and Men?



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# What's The Difference Between Females and Women?



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# What's The Difference Between a manipulated mass of bodies and a people?



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Maleness / Femaleness  
We're born with.

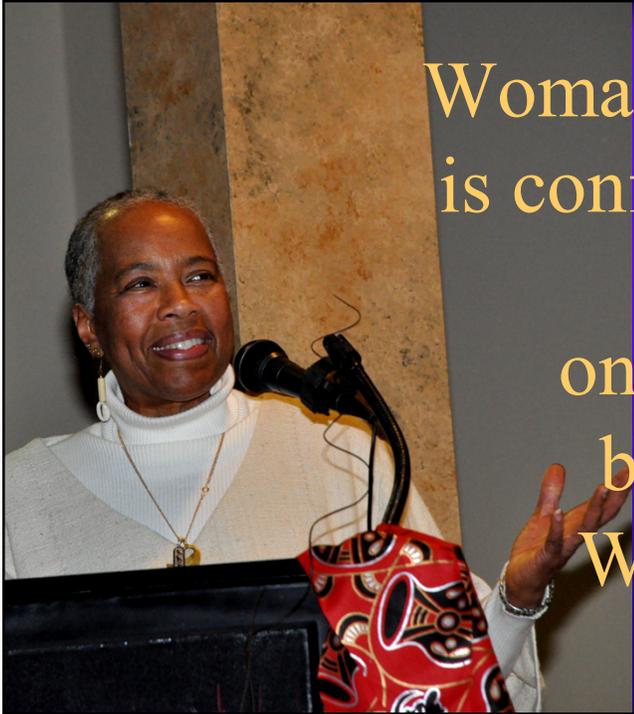


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Manhood –  
is conferred  
on males by  
older MEN



Womanhood  
is conferred  
on females  
by older  
WOMEN



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Manhood-Womanhood –Is Conferred

Manhood-Womanhood is conferred on males and females by a group of men and women based on shared identity with, knowledge of and commitment to the community's

- History and culture
- Values and needs
- Goals and aspirations

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# A People = Shared Identity - Commitment



## Service , Vision, Mission

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The titles “Man” or “Woman” is conferred in successive stages over time, and after each, the older women and the elders affirm it.

Men and Women serve the community that recognizes them as such.

The **manipulated** serve the interests of aliens at the expense of the community.

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*Men and Women Are*

Warriors      Healers

Builders

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*Because that's what  
our people need*

Warriors      Healers

Builders

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Who tells you that you are

# A

# MAN

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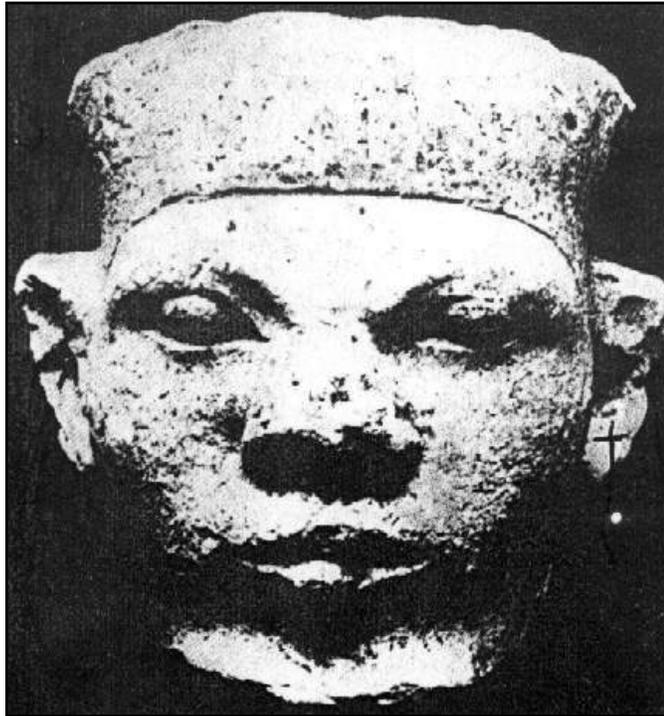
Who tells you that you are

# A

# Woman

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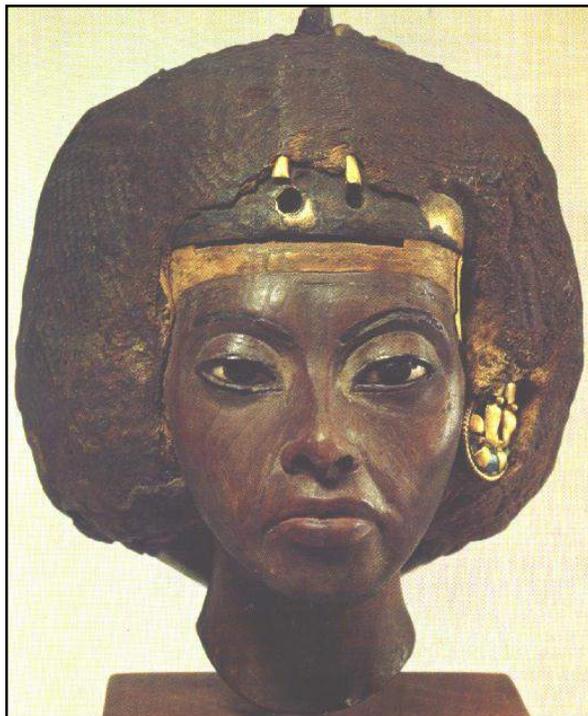
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King Aha  
(Narmer)  
Unified of  
Upper and  
Lower KMT  
(Egypt)

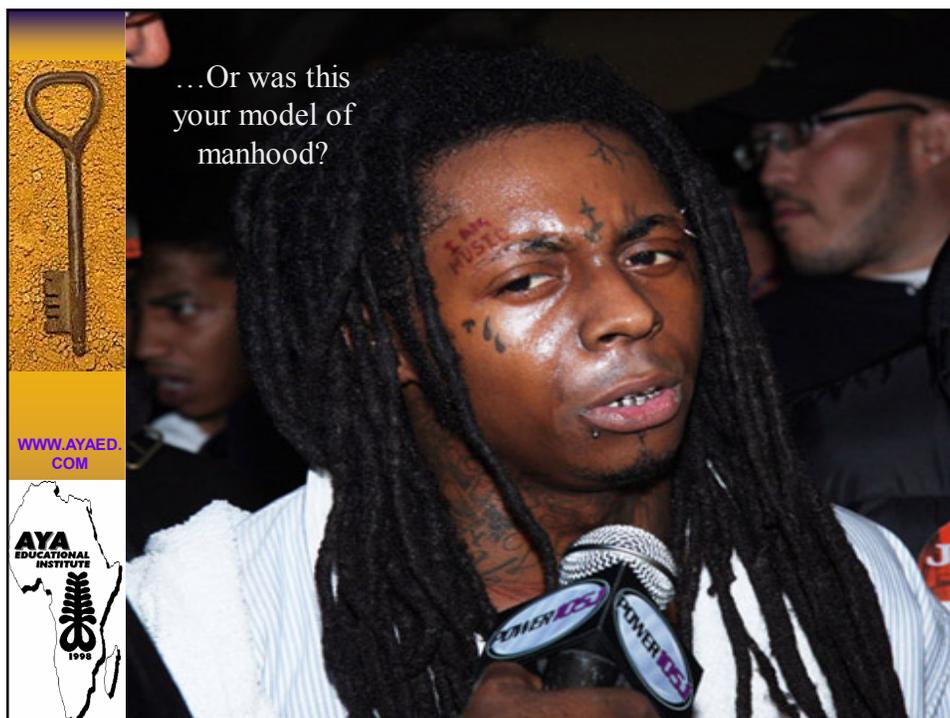
(ca. 3250 B.C.E.)

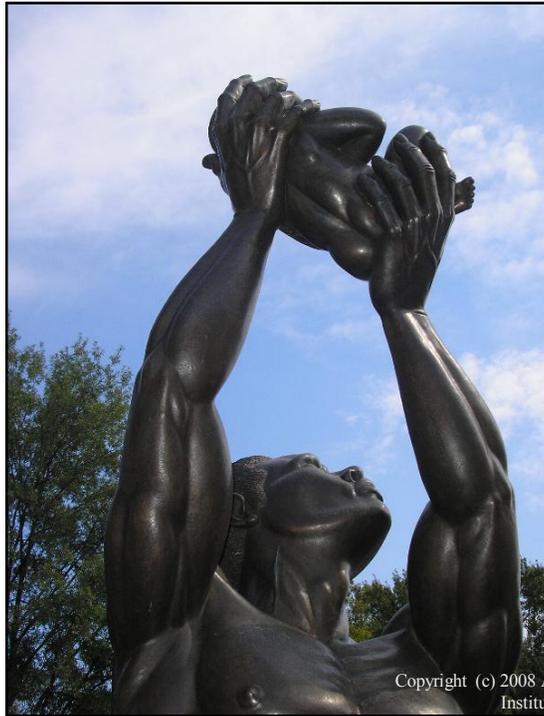
Was this your  
model of  
manhood?



Queen Tiye  
Co-Regent  
Ancient  
KMT

Was this your  
model of  
womanhood?



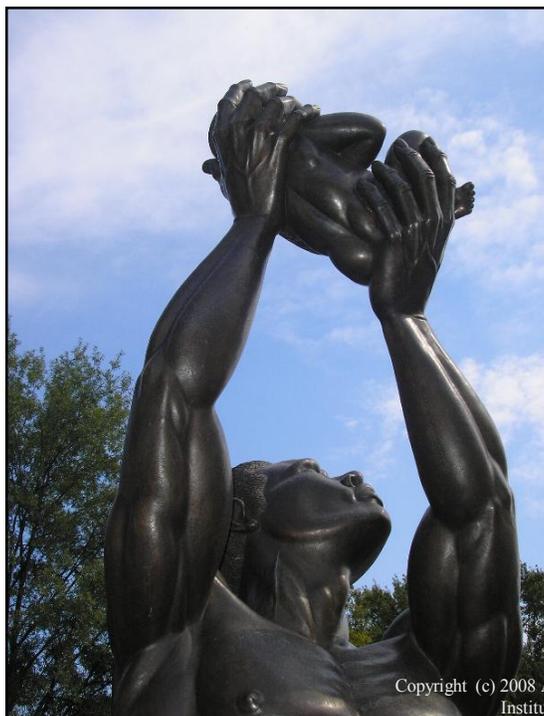


Our Spiritual Walk:

Behold the only thing greater than yourself!

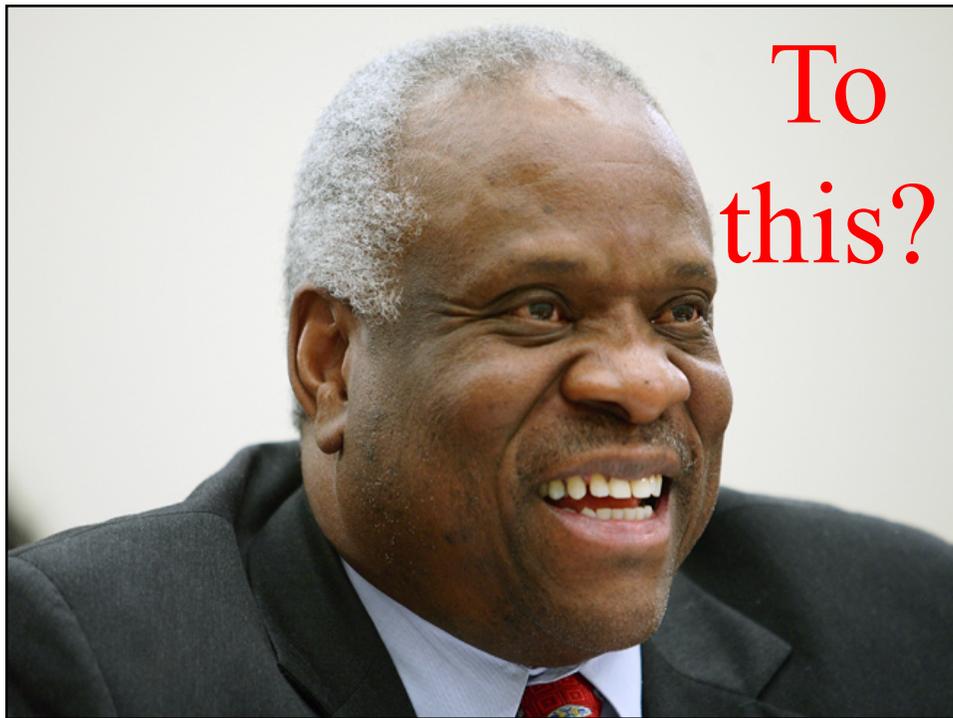
The human being is an object of veneration from birth to death.

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So how did we get from this...

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*MAAFA: Invasion and attack on mind, body and spirit!*

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The slide features a blue background. At the top, the text "MAAFA: Invasion and attack on mind, body and spirit!" is written in a yellow, italicized font. Below this, there is a photograph of a metal key and a pair of metal handcuffs with a chain. On the left side, there is a vertical yellow bar containing the website "WWW.AYAEI.COM" and the logo for "AYA EDUCATIONAL INSTITUTE" which includes a map of Africa and the year "1998". At the bottom, there is a copyright notice "Copyright (c) 2008 AYA Educational Institute" and the date "11/23/2013".



African-Centered Focus

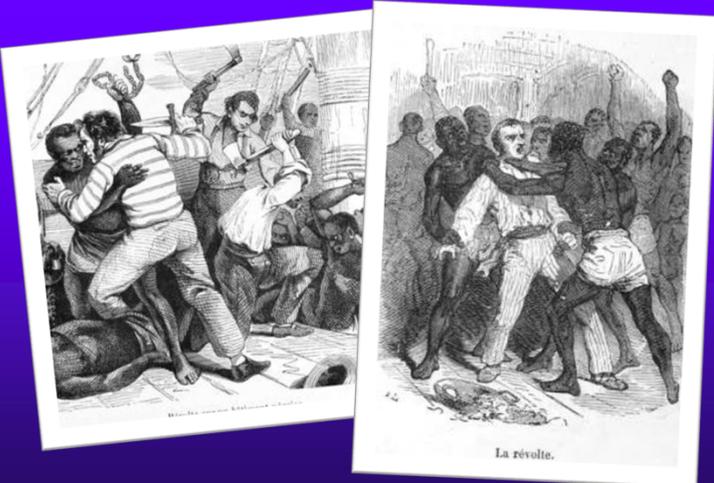
Oppression has interrupted our natural process.

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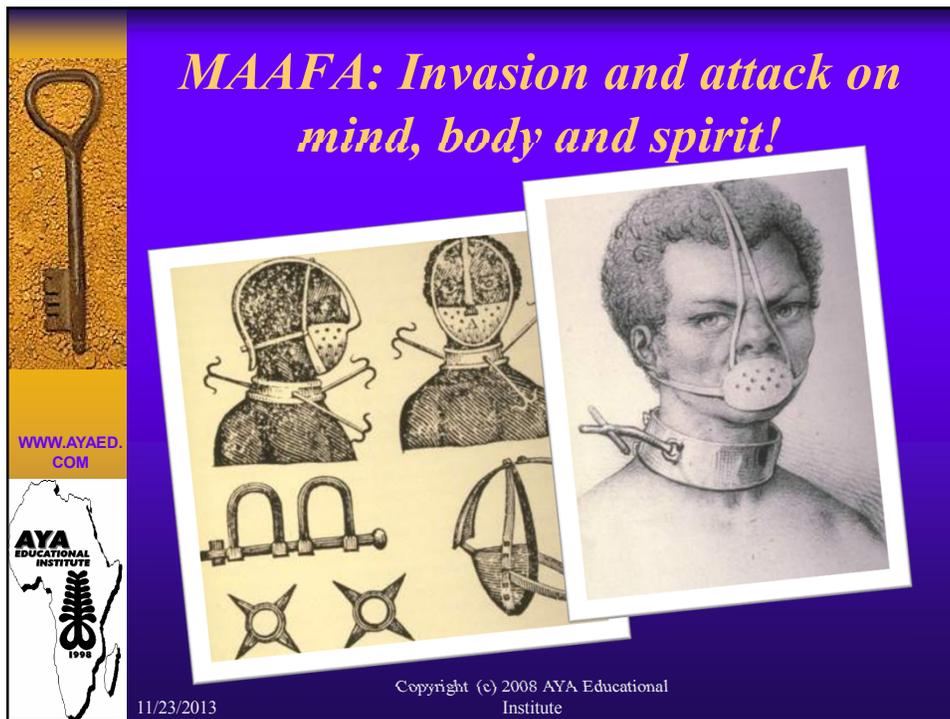
*MAAFA: Invasion and attack on mind, body and spirit!*



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*MAAFA: Invasion and attack on mind, body and spirit!*



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African-Centered Focus

- ◆ The highest level of *spirituality* is manifested in our relationships with each other.



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Our Spiritual Walk:

*umuntu  
ngumuntu  
ngabantu*

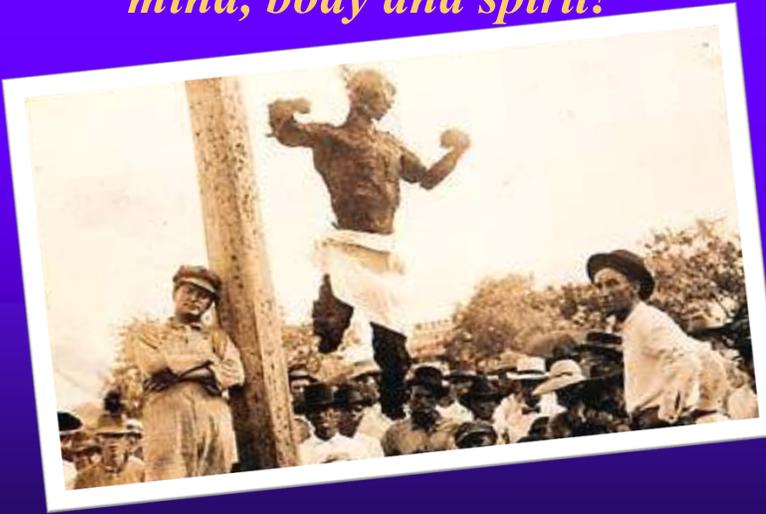
- ◆ (a person is a person because we are a people)
- ◆ *this traditional African spiritual world view shows a basic respect and compassion for others.*

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*MAAFA: Invasion and attack on  
mind, body and spirit!*



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**MAAFA**



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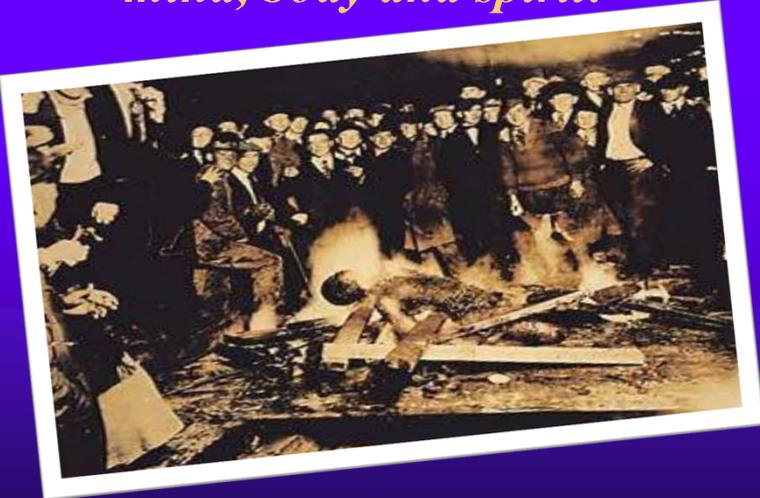
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***MAAFA: Invasion and attack on mind, body and spirit!***



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It was a brutal beyond  
imagination!

Our bodies were mutilated,  
for so long that it paved the  
way for the psychic  
violence that injected alien  
thinking, feelings, and  
behavior into us.



Wounded too  
were our souls,  
and our spirit.



Instead of *umuntu, ngumuntu, ngabantu* what was heaped upon us and injected in us was the S/I Line



Instead of *us being an object of veneration*, the physical brutality made way for the psychic violence, so that we began to *believe ourselves to be inferior, bad, wrong, criminal, etc*



# Alienated to Serve Aliens

Europeans were alienated from the cosmos. Their alien ideas about us and about them - taken as our own - alienated us from spirit, self, culture, ancestors, and from the Creator.

For Europeans, reality is split,  
is oppositional, is hierarchical.  
Contrast with African  
“Twin-ness” / “Complementarity”

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The European organizing principle that  
defines relationships and directs our  
communication with self and others.

S \_\_\_\_\_  
I

Reality is split, is oppositional, is hierarchical.  
Contrast with African  
“Twin-ness” / “Complementarity”

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The European organizing principle that defines relationships and directs our communication with self and others.

SMRCAY ...

I | WPHYO...

Reality is split, is oppositional, is hierarchical.  
Contrast with African  
“Twin-ness” / “Complementarity”

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Wounds / Implants

- ◆ Superior / Inferior (S/I) relationships causes alienation, distrust and conflicts between us.

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Why do we participate?

# This is not our way!

## Manipulated?

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Remember...

# Imagine

## You're on a captive ship!

## Would you listen to your captors teaching you about...

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Goodness  
Morality  
Spirituality  
Law  
Love  
Progress  
Parenting

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Wake up...

Today we not only believe them, we embrace these ideas as our own.

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Remember...

# How did that happen?

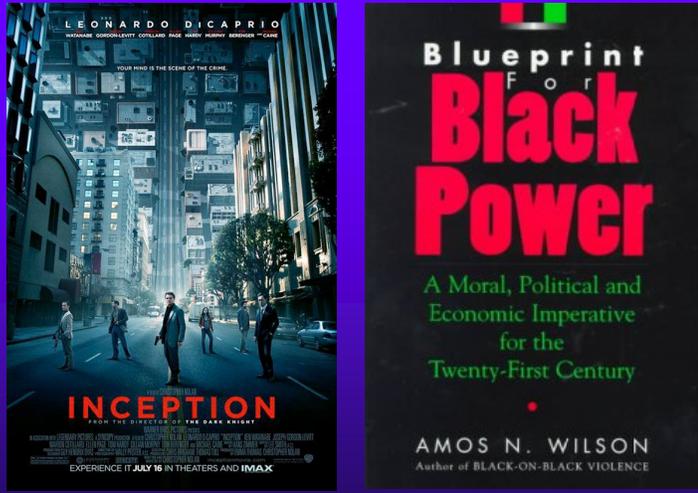
# How do we find our way home?

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We look to a movie and a book:



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To be manipulated...

# What Ideas Must Be Implanted?

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Wounds / Implants

# Don't just wait for me to tell you; tell me.

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List

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Wounds / Implants

Let's look @ the  
movie –  
Inception

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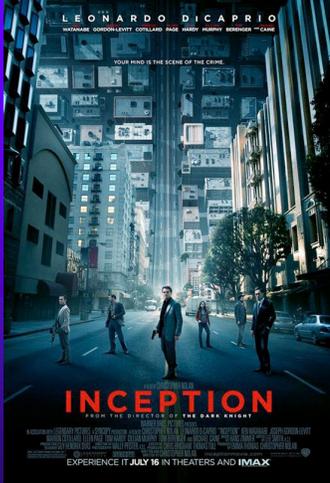
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## The Movie



Quest:

Get past the person's innate resistance to implant an alien idea in a powerful man's head that will make him act against his own goodwill, and for the advantage of me and those I care about.

The movie is not about us, but we may be able to learn something from their quest.

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◆ Create a simple seed-idea that will grow to guide the subject's thinking and behavior

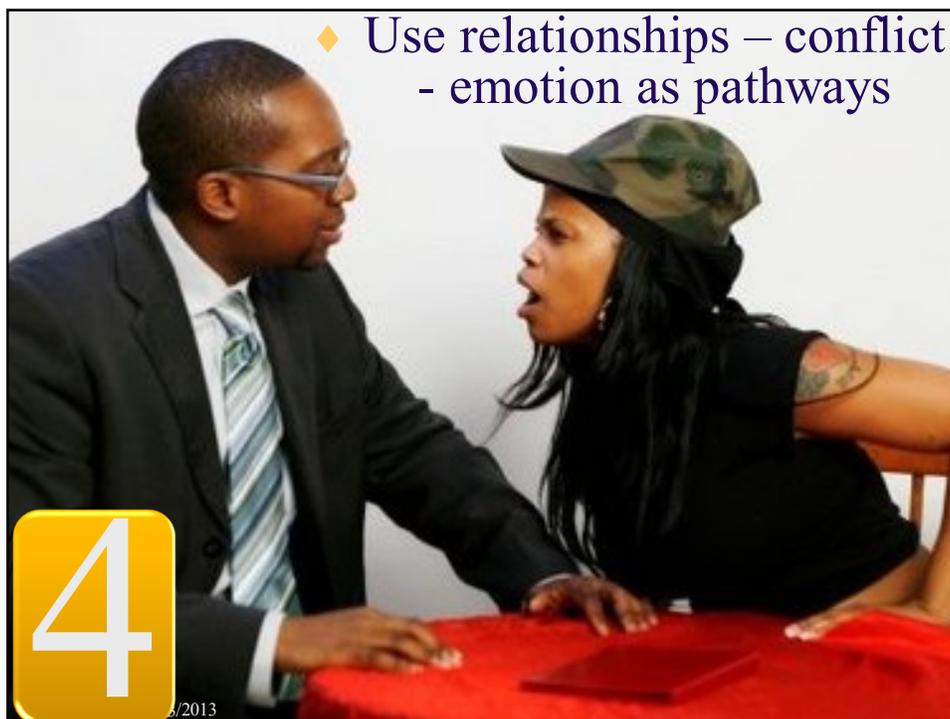


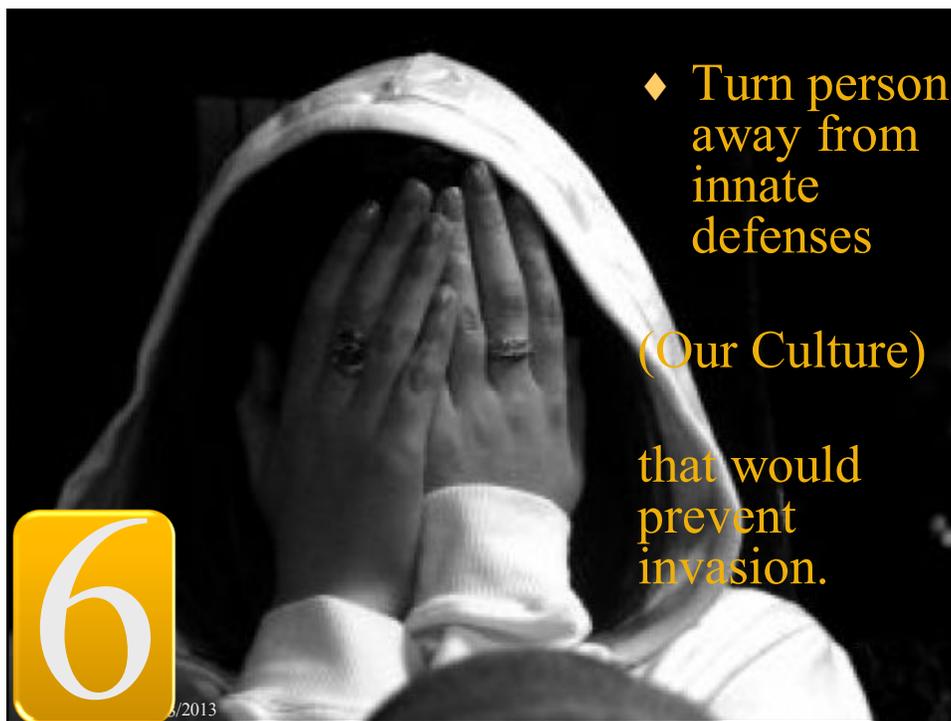


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◆ Turn person away from innate defenses  
(Our Culture)  
that would prevent invasion.

6

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➤ Plant the seed-idea three levels deep in the subconscious

7

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## Inception – Oppression - Summary

1. Create a simple seed-idea that will grow to guide the subject's thinking and behavior
2. Subject must believe it is their own idea.
3. The implanted idea must resolve an inner conflict
4. Use Relationship / Conflict / Emotion as pathways
5. “Universalism” as a pathway
6. Turn the person against their own innate defenses against invasion and occupation
7. Plant the idea- 3 levels deep in the subconscious – 4<sup>th</sup> level secures it.

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## Wounds / Implants

# Alien ideas about manhood have been implanted.

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Wounds / Implants

# Alien ideas about womanhood have been implanted.

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## List

Ideas about manhood & womanhood that serve aliens and don't serve us.

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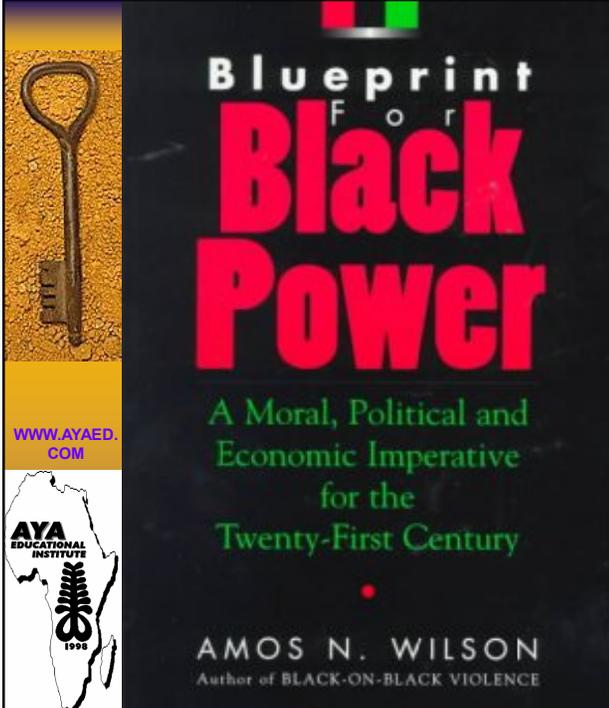
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**List**

Take the time. Pause and list them, now.

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**Blueprint  
For  
Black  
Power**

A Moral, Political and  
Economic Imperative  
for the  
Twenty-First Century

AMOS N. WILSON  
Author of BLACK-ON-BLACK VIOLENCE

ational

Now, let's see how we came to be manipulated



From Amos N. Wilson's  
**Blue Print For Black Power**

1. Force (most resistance)
2. Coercion (less resistance)
3. 1&2 Results in:
  - Surrender /or/
  - Retreat
4. Competent and Legitimate Authority
5. Manipulations

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Amos N. Wilson's  
**Blue Print For Black Power**

*No conscious resistance:*

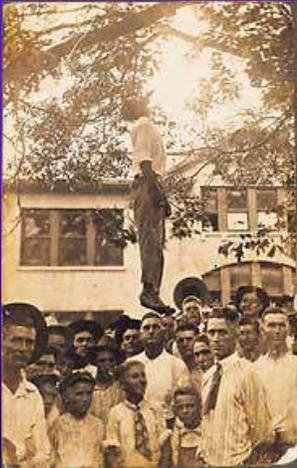
3. Surrender for relief, then to win their favor  
(The seed-idea "I'm not good enough" is planted, tucked away in the wounds, active projection, delusion, abandoning culture)
4. Competent and Legitimate Authority (They are best. Their ideas and ways are best. I must make them my own. I'll show them how to do it.)
5. Manipulation

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Wounds / Implants

The wounds were not just wounds; they were implants



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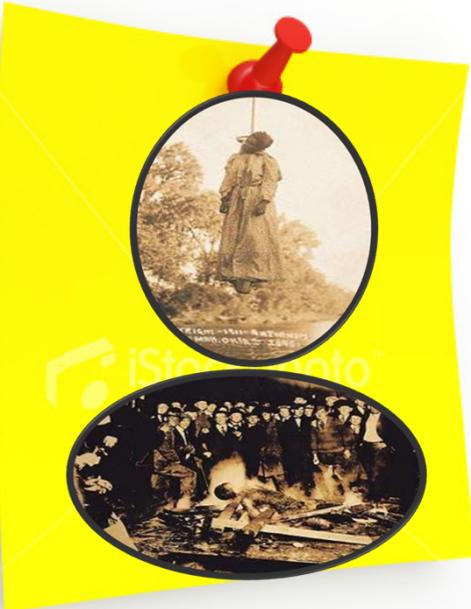
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*Implants!*



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**Write**

What do these pictures lead you and the onlookers to conclude about the African man and woman?

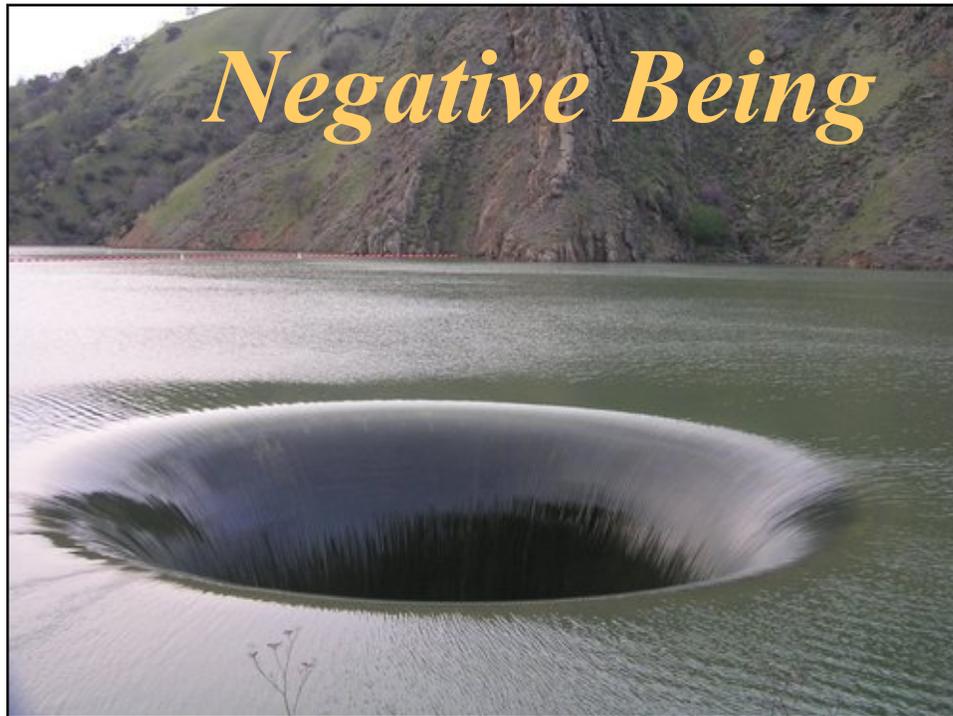
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# Part Three



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◆ Create a simple seed-idea that will grow to guide the subject's thinking and behavior

1

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- ◆ Black Males
- ◆ Black Females
- ◆ Black People –

*You're not good enough!*



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# Awareness

...

# Answers

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## Flow of Recognition

Shapes Behavior	Positive	Negative
<b>Doing (Conditional)</b>	Great Job! You handled it well Here is your check	You didn't get that report in on time! Don't park the car in my drive way
<b>Being (Unconditional)</b>	Hello I like your style I love you Beautiful!	Drop dead! I wish you were never born Stupid, Criminal Ugly, Black, Evil "Nappy Head"

**Shapes Behavior** (Callout pointing to the top-left cell)

**Shapes Behavior** (Callout pointing to the top-right cell)

**Stimulates creativity** (Callout pointing to the bottom-left cell)

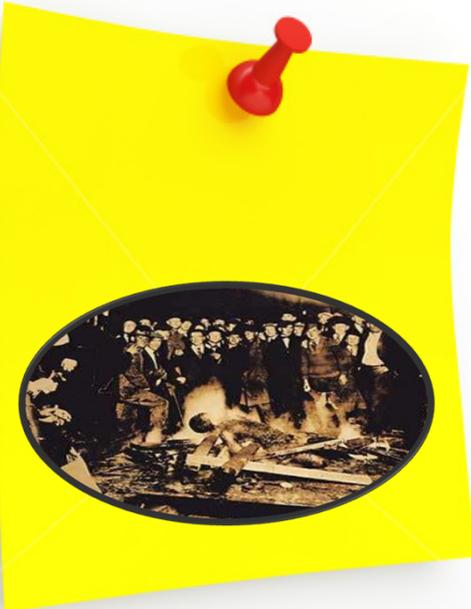
**Outside of God's Grace!!**  
*Kills:*  
Don't use unless you want to kill the person.

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## Wounds / Implants

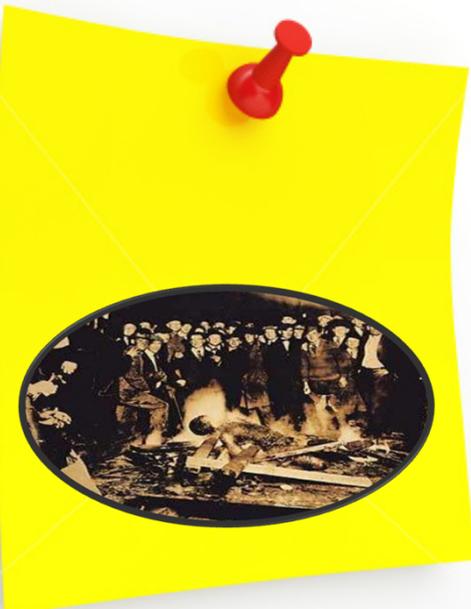
- ◆ Negative “being” recognition guides us to beat ourselves and to beat-up on others like us while protecting our oppressors.

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**Write**  
“Negative being” messages that you have received from family, friends, society?

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**Write**  
“Negative being” messages that you have given to others that you care about?

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# Protection...

Using recognition, interaction,  
touch to heal.

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## Flow of Recognition River of Touches

Cosmos

Shapes Behavior	Positive	Negative
Doing (Conditional)	Great Job! You handled it well Here is your check	You didn't get that report in on time! Don't park the car in my drive way
Being (Unconditional)	Hello I like your style I love you Beautiful!	Drop dead! I never Stupid Unheal

Shapes Behavior

Shapes Behavior

Stimulates creativity

Outside of God's Grace!  
*Kills:*  
Don't use unless you want to kill the person.

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# Recovery...

Becoming emotionally literate.

Read our feelings and thinking to use them both for a more powerful us.

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## *Feelings as Messengers (FAM) :*

*A re-introduction to "Intelligence of the Heart."*

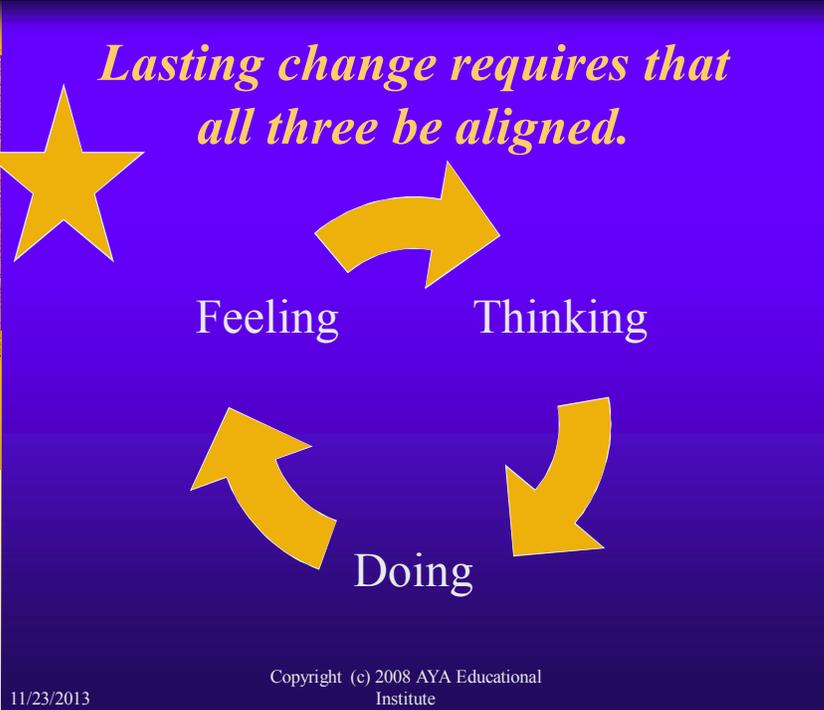


- ◆ Feelings as Messengers is a small doorway to find our way back to higher intuition, spirituality and to *"intelligence of the heart."*

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*Lasting change requires that all three be aligned.*



Feeling      Thinking

Doing

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**Debunk:**

- ◆ Thinking over Feelings
  - *Use Thinking + Feelings*
- ◆ Control of emotions
  - *Use balance, authenticity, reciprocity*
    - Church / Concerts examples
    - Who is in control Choir or sister who “takes the song”

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*Authority*



*Choose manhood – womanhood  
instead of manipulation*

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*MWP Are*



Warriors      Healers

Builders

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## *From Manipulation to MWP -Sacred Work*

- ◆ Restoring *Umuntu, ngumuntu, ngabuntu* (a person is a person because they are a people / I am because we are and we are because I am)
- ◆ Rejecting the false splits of the S/I line
- ◆ The Golden Triangle of Touches for healing and protection
- ◆ Restoring complementary relations with the creator and the universe and restoring ourselves to God's grace.
- ◆ Emotional literacy: Thinking + Feeling for authenticity, clear communications and trust building
- ◆ As we recover, remember to take rehabilitation in small steps




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Workshops, and  
Consultations  
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- *Speakers*
- *Consultants*
- *Weekend Retreat*

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